



"I'm feeling more like myself again."

TESTIM may help you feel more like yourself again.

If you have symptoms of low testosterone, take the first step. Take the brief quiz on page 5 and discuss your answers with your doctor.

Ask your doctor...

Could my symptoms mean that I suffer from Low T?

Should my blood be tested to determine my T level?

Could restoring my T level relieve my symptoms?

Is TESTIM right for me?

Testim^{1%}
(testosterone gel) 

EXPERIENCE THE DIFFERENCE

Visit www.TESTIM.com
to learn more.

Adverse events reported at a level greater than 1% that were possibly or definitely related to the use of TESTIM in controlled clinical trials (N=304) across all dose groups were application site reaction (4%) and above normal red blood cell count (2%). Please read the full Patient Information on pages 8-11.

AUXILIUM
Pharmaceuticals, Inc.

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(testosterone gel) 



Information about low testosterone



AUXILIUM



T

More T.

Am I missing something?

Almost without noticing it, you've become a different man. Your sex drive isn't what it used to be. You're easily fatigued. You feel more irritable or depressed. You've gained a little too much around your abdomen.

While these symptoms may not seem related, they may all be due to one medical condition – low testosterone, or Low T.

Millions suffer from Low T. But the good news is this condition is treatable. Medication is available that works to restore your T to its normal level, relieve your symptoms of Low T, and most important, help you be more yourself again.

More Yourself.

What exactly is Low T?

Low T occurs when you aren't producing enough testosterone – a male hormone produced mainly in the testicles.

During puberty, testosterone helped your body develop male characteristics. During adulthood, it has helped you maintain healthy sexual function, energy, mood, and body composition.

What are symptoms of Low T?

If you have Low T, symptoms may affect more than how you feel and function. Symptoms may be physiological as well.

Emotional/Functional

- Reduced sex drive and performance
- Fatigue and less energy
- Increased irritability or depression

Physiological

- A loss of lean body mass
- More abdominal fat
- Decreased bone mineral density, which can increase risk for osteoporosis (loss of bone mass)



More T.

Who is more likely to

experience Low T?

While almost any man can suffer from it, Low T is more common in men 45 years and older, as well as men with certain chronic conditions.

Low T affects:

- Almost 3 out of 4 men who take certain pain medications
- More than 2 out of 5 men with type 2 diabetes
- About 1 out of 5 men with erectile dysfunction (ED)
- Up to half of men with HIV or AIDS

Could you have Low T?

Take this quiz* and talk with your doctor.

To help determine if you have Low T, take this brief quiz. If you answer yes

- to question 1 or 7, or
- to any other 3 questions...

you may want to speak with your doctor about taking a blood test to have your testosterone level checked.

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The Low T Quiz*

YES NO

- | | | |
|--|-----------------------|-----------------------|
| 1. Do you have a decrease in libido (sex drive)? | <input type="radio"/> | <input type="radio"/> |
| 2. Do you have a lack of energy? | <input type="radio"/> | <input type="radio"/> |
| 3. Do you have a decrease in strength and/or endurance? | <input type="radio"/> | <input type="radio"/> |
| 4. Have you lost height? | <input type="radio"/> | <input type="radio"/> |
| 5. Have you noticed a decreased "enjoyment of life"? | <input type="radio"/> | <input type="radio"/> |
| 6. Are you sad and/or grumpy? | <input type="radio"/> | <input type="radio"/> |
| 7. Are your erections less strong? | <input type="radio"/> | <input type="radio"/> |
| 8. Have you noticed a recent deterioration in your ability to play sports? | <input type="radio"/> | <input type="radio"/> |
| 9. Are you falling asleep after dinner? | <input type="radio"/> | <input type="radio"/> |
| 10. Has there been a recent deterioration in your work performance? | <input type="radio"/> | <input type="radio"/> |

*Adapted from the ADAM questionnaire.
Please read the full Patient Information on pages 8-11.



TESTIM[®] is proven to restore T levels back to normal.

TESTIM is testosterone replacement therapy that delivers the same testosterone as the kind produced by your own testicles. TESTIM delivers this medication into your body through your skin, to raise your T level and return it to normal levels.

TESTIM, which is covered by most health plans, provides significant and lasting improvements including:

- Increased sex desire, performance, and motivation
- Greater muscle mass
- Reduced fat mass
- Increased bone mineral density

Important Safety Information:

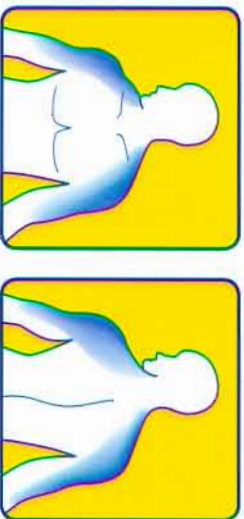
In controlled clinical trials of TESTIM, the most common side effects were redness/irritation at the application site (4%) and above normal red blood cell count (2%). TESTIM should not be used by men with known or suspected cancer of the prostate or breast. TESTIM has not been approved or evaluated for use in women, and must not be used by women. Because testosterone may cause fetal harm, pregnant and nursing women should avoid skin contact with TESTIM application sites. You and your doctor can decide if TESTIM is right for you.

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More Yourself.

How do you apply TESTIM?

TESTIM is a clear, colorless gel that you rub once daily onto your upper arms and shoulders. Your doctor will tell you exactly what dose to apply, as well as how and when to safely apply it.



For a video demonstration, visit www.TESTIM.com

Important: This information should not take the place of your doctor's orders or recommendations.

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(testosterone gel) 
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Testim[®] 1% (testosterone gel) CIII

Read this information carefully before using Testim [TÉS TIM]. The following information about Testim[®] should not take the place of your doctor's orders or recommendations. Your doctor will tell you exactly what dose to apply, how to safely apply it, and when to apply it. Make sure you understand the benefits and risks of Testim[®] before you use it. Ask your doctor or pharmacist if you have any other questions about your use of Testim[®].

What is Testim[®]?

Testim[®] is a clear gel medicine that delivers testosterone into your body through your skin. Once Testim[®] is absorbed through your skin, it enters your bloodstream and helps raise your testosterone to normal levels. The type of testosterone delivered into your body by Testim[®] is the same as the testosterone produced in your testes.

Your doctor has prescribed this medicine because your body is not making enough testosterone. The medical term for this condition is hypogonadism. Testosterone helps the body produce sperm and develop and maintain the male sexual characteristics. Testosterone helps maintain bone strength and muscle mass. Testosterone is also necessary for normal sexual function and sex drive.

Who should not take Testim[®]?

Testim[®] must not be used by women or children.

Pregnant and breast feeding women are especially at risk and should avoid skin contact with Testim[®] application sites in men. The active ingredient in Testim[®] is testosterone. Testosterone may cause fetal harm.

Children have naturally low levels of testosterone and could be harmed by higher levels. (See "What to do if someone else is exposed to Testim[®]?")

You should not use Testim[®] if you have any of the following conditions:

- Known allergy to any of its components (the active ingredient is testosterone (USP, which may be synthesized from soy); see "Inactive Ingredients" at the end of this leaflet for a list of the other ingredients)
- Prostate cancer (if your doctor knows for sure or suspects it)
- Breast cancer (a rare condition for men)
- Difficulty in urinating due to an enlarged prostate
- Serious liver, kidney or heart disease

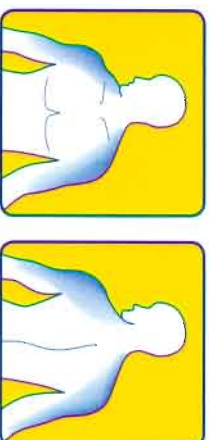
How should I use Testim[®]?

It is important that you read and follow these directions on how to use Testim[®] properly.

1. **Apply Testim[®] at the same time each day (preferably every morning).** You should apply the contents of one (1) or (2) tube(s) of gel every morning as instructed by your doctor. If you take a bath or shower in the morning, use Testim[®] **after** your bath or shower.
2. Be sure that your skin is clean and completely dry.
3. Open the Testim[®] tube by piercing the end of the tube using the top part of the cap.

4. Squeeze the entire contents of the tube into the palm of your hand. Squeeze from the bottom of the tube toward the top. If you like you can squeeze out a portion at a time and continue until the tube is empty.

Apply gel to the upper arm/shoulder areas ONLY, as shown in the figure below:



5. **Apply Testim[®] ONLY to your shoulders or upper arms.**

In this way your body will absorb the right amount of testosterone. Never apply Testim[®] to your genitals (penis and scrotum) or to skin that is not completely normal. Apply Testim[®] only to healthy, normal skin. Avoid skin with open sores, wounds, or irritations. Use a circular motion to rub the gel for several seconds until the gel is well rubbed in and the area feels dry.

6. Wash your hands thoroughly with soap and water immediately after application to reduce the chance that the medicine will spread from your hands to other people.
7. Let Testim[®] dry for a few minutes before you dress. This prevents your clothing from wiping the gel off your skin. It ensures that your body will absorb the correct amount of testosterone.
8. Wait at least 2 hours before showering or swimming to ensure that the greatest amount of Testim[®] is absorbed into your system. On rare occasions, you may shower or swim as soon as 1 hour after applying Testim[®]. If done infrequently, this will have little effect on the amount of Testim[®] that is absorbed by your body.
9. Maintain normal activities. Once your hands are washed and the application site is covered with clothing, there is little risk of transferring Testim[®] to someone else's skin due to bodily contact. However, you expect direct skin contact with someone else, you should wash your application sites thoroughly with soap and water before that encounter. This will reduce the chance that the medicine will transfer to the other person.

Visit www.TESTIM.com to learn more.

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What to do if someone else is exposed to Testim™?

If someone else is exposed to Testim™ either by direct contact with the gel itself or indirectly because of contact with your treated skin, that person should wash his or her area of contact thoroughly with soap and water as soon as possible. The longer the gel is in contact with the skin before washing, the greater is the chance that the other person will absorb some testosterone. This is particularly important for women, especially pregnant or nursing women, and children. Children have naturally low levels of testosterone and could be harmed by higher levels. Pregnant women are at an even higher risk because increased testosterone levels may cause harm or abnormalities in the unborn baby.

What to do if you get Testim™ in your eyes?

If you get Testim™ in your eyes, rinse your eyes right away with warm, clean water to flush out any Testim™. Seek medical attention if needed.

What to do if you miss a dose?

If you miss a dose, **do not double your next dose** the next day to catch up. If your next dose is less than 12 hours away, it is best to wait. Do not take the skipped dose. If it is more than 12 hours until your next dose, take the dose that you missed. Resume your normal dosing the next day.

What should I avoid while using Testim™?

It is important that you do not spread the medicine to others, especially women and children. Be sure to wash your hands after applying Testim™. To prevent transfer to another person, clothing should be worn to cover the application sites. Do not allow other persons to rub your skin where you have applied Testim™, especially pregnant or nursing females, or children.

What are the possible side effects of Testim™?

Testim™ may cause the following side effects:

- Breast enlargement and breast discomfort
- Extra fluid in the body. This may cause serious problems for patients with heart, kidney or liver disease or damage.
- A sleep disturbance called "sleep apnea". This is more likely in patients who are overweight or who have lung disease.
- Prostate enlargement, sometimes accompanied by difficulty with urinating.
- Significant mood swings
- Changes in blood levels of cholesterol or in the number of red blood cells in the bloodstream. This may be monitored and prevented by periodic blood tests.

Tell your doctor if you develop any of the following side effects:

- Penis erections that are too frequent or continue too long.
- Nausea, vomiting, yellow or darker skin (jaundice), or ankle swelling.
- Breathing disturbances, including abnormal or stopping normal breathing while sleeping.
- Any side effect that concerns you.

Tell your doctor if your female partner develops changes in hair distribution, increases in acne, or signs of masculinity. Older patients may be at increased risk of developing enlarged prostate or prostate cancer. This also may be monitored by periodic blood tests and prostate exams.

Other Information

Tell your doctor about other medicines you are taking. Testim™ may affect how these medicines work, and you may need to have your doses adjusted. If you are a diabetic taking insulin, your doctor may need to adjust your insulin dose. Every patient is different. Your doctor has prescribed Testim™ specifically for your needs.

Use Testim™ only for the condition for which it was prescribed. Medicines are sometimes prescribed for purposes other than those described in a patient information leaflet. If you have any questions or concerns about your Testim™ treatment, ask your health care provider or pharmacist. They can answer your questions and give you the printed information about Testim™ that is written for health professionals.

Do not give Testim™ to other people, even if they have the same symptoms that you have. Keep Testim™ in a safe place.

Inactive ingredients:

Carbopol 980, Pentadecalactone, Acrylates, Propylene Glycol, Glycerin, Polyethylene Glycol, Alcohol, Tromethamine, Purified Water
Store at room temperature 25°C (77°F); Excursions permitted to 15° – 30°C (59° – 86°F) [See USP Controlled Room Temperature]

Manufactured for:

Auxilium Pharmaceuticals, Inc.
Malvern, PA 19355 USA
By: DPT Laboratories, Ltd.
San Antonio, TX 78215

Labeling Code: AA2500 PPI.010

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